

Elkhart County Smoke Free Dining Guide 2005

*A Listing of Elkhart County's
Smoke-Free Restaurants*

Smoke-Free Workplaces... The Right Thing To Do!

All around the country, communities just like ours are wrestling with the issue of secondhand smoke. At one time, it was thought to be a harmless annoyance, something to be tolerated by non-smokers. We now know, however, that 53,000 American non-smokers die as a result of tobacco related diseases, 3,000 from primary lung cancers.

We at Tobacco Control of Elkhart County, along with our coalition, believe all workers (including restaurant employees) have the right to breathe clean air while performing their duties. We also know it's a win-win situation, for when businesses opt for smoke-free work places, it positively impacts the their bottom lines.

We hope you find this dining guide useful. We also hope that you patronize these establishments, for when they chose to go smoke-free, they did so because they felt it was, The Right Thing To Do!

Sincerely,
The Staff

Tobacco Control of Elkhart County

Elkhart County Health Department

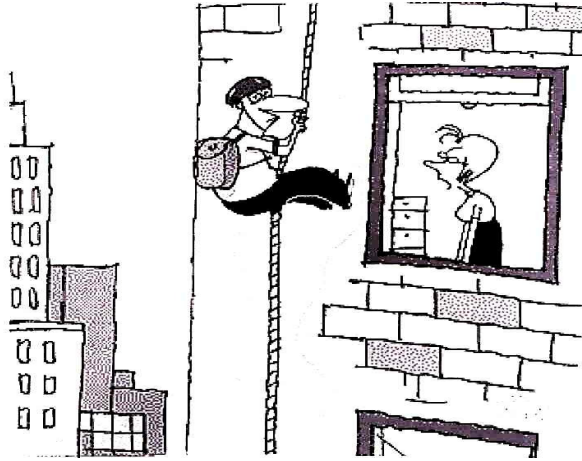
608 Oakland Ave.

Elkhart, IN 46516

574.523.2114



Please support the smokefree restaurants listed in this guide. If you're aware of other smoke-free restaurants, or need additional information, please contact us at the number listed above.



“You mean to tell me, you climb 187 floors everyday to have a cigarette on the roof, and you claim you don’t have a smoking problem?”

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- **Secondhand smoke fills the air with many of the same poisons found in the air around toxic waste dumps.**
- **Secondhand smoke causes wheezing, coughing, colds, earaches, and asthma attacks.**
- **Secondhand smoke ruins the smell and taste of food.**
- **Secondhand smoke causes reddening, itching, and watering of the eyes.**
- **Exposure to secondhand smoke can cause children to develop asthma, bronchitis, pneumonia and other respiratory and ear infections. It also increases the risk of Sudden Infant Death Syndrome (SIDS)**

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- **When you enter a restaurant, what do you smell? Is it the aroma of coffee, cinnamon rolls or pasta...or is it smoke?**
 - **Have you noticed you may have to wait longer for a non-smoking table, compared to immediate seating in the smoking section?**
 - **Is the non-smoking section really smokefree or does secondhand smoke drift into your eating area?**
 - **Are the walls and windows dull and have a yellow or smoky film?**
-

Arby's

3441 S Main St.....294.6445
465 Emerson Dr.....262.4343
28054 C.R. 4.....264.1171
2971 Moose Trail...262.0151
305 N. Nappanee....293.1132

Brunos

28046 C.R. 16 W
296.9680

Burger King

4014 Elkhart Rd.....875.6838
834 Beardsley St.....262.0421
2715 Cassopolis.....262.4898
1440 S Nappanee...294.3176
3413 S Main St.....523.1445

Calabria

21813 S.R. 120
294.6994

Coffee and More

1444 W Bristol St.
264.6444

**Colombo's Pizza
Family Restaurant**

2425 S Main St.
New! 293.6869

Daily Grind

113 E Lexington Ave.
293.4864
3708 E Mishawaka Rd.
875.9607

Fazoli's

1248 N Nappanee St.
262.9873

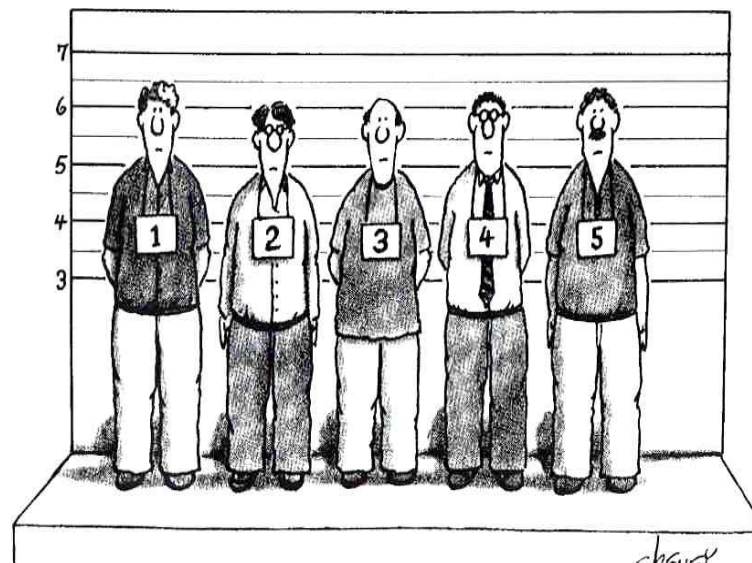
The Hearth Bistro

New! 129 2nd St.
294.2300



"The smoking section, sir. Enjoy."

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**"Number 3...take one step forward and say,
'I thought this was the smoking section.' "**

I won't smoke today because.....

- I'll lower my blood pressure.
- I don't want emphysema.
- I'll get more kisses.
- 43 million people have quit, and so can I.
- Tar belongs on roofs and streets...not in my lungs.
- I want healthier teeth and gums.
- Every puff weakens my heart.
- My teeth will be whiter.
- I won't be a slave to the habit.

It's never too late to quit!

Jade Gardens

920 Johnson St.
266.7621

KFC

1911 Cassopolis St.
264.9845
2709 S Main St.
295.5229

Leo's

2510 Benham Ave.
522.5858

Long John Silver's

1648 Cassopolis St.
264.7298

Lucchese's Italian

205 E Jackson Blvd
522.4137

Mayfield's

MCL Cafeteria
3701 S Main St.
875.6321

(New location!)

Mancino's

23672 Old US Hwy 20
294.2020
2930 S Nappanee St.
522.7400
1230 N Nappanee St.
266.8665

McDonald's

130 N Main St.....293.6380
21879 S.R. 120.....295.5699
1430 S Nappanee.....293.0423
3429 S Main St.....293.9225
2808 Cassopolis.....264.5441

If you sit in the "nonsmoking" section of a restaurant for two hours, it's the same as smoking 2 cigarettes.

Minuteman Drive-in

23677 US Hwy 33
875.7154

Old Country Buffet

4024 S.R. 33
875.1828

Old Style Deli

200 S Main St.
295.2133

Palermo's

2725 A Emerson Dr.
262.5100

Pizza King

704 Bowers St
295.0014

Q & Q

Chinese Buffet
154-3 W Hively Ave.
522.7535

Quizno's

5230 Beck Dr.
295.6688

Ricky's Taqueria

57995 C.R. 9
389.7441

San Marcos

2101 S Main St.
522.7546

Milford

20th Century

US 6 IN 15.....831.4913

Millersburg

Checkers Café

112 S Jefferson Ave.....642.0029

Osceola

Subway

30913 US Hwy 20674.6021

Wakarusa

Happy Days Café

920 E Waterford St.....862.1952

McDonalds

1010 E Waterford St.....862.7962

At work and home, many Hoosiers are exposed to the same secondhand smoke that kills 53,000 non-smoking Americans, every year.

Secondhand smoke is the third leading cause of preventable death in the U.S., killing 53,000 nonsmokers every year.

Amish Acres

US 6 W Nappanee
773.4188

Arby's

1659 Market St.
773.2782

Corner Café

161 S Main St.
773.2601

Country Table

1401 US Hwy 6
773.2201

Hunter's Hideaway

153 S Main St.
773.7121

McDonalds

1540 E Market St.
773.3511

Nang's Chinese

1058 W Market St.
773.2856

Samuel Mancino's

903 W Market St.
773.5900

Subway

148 Family Fare Dr.
773.2888

Taco Bell

1956 E Market St.
773.5556



*"According to this, I can't even smoke
while visiting their Web site."*

Subway

2510 Benham Ave.....295.1296
1530 CassopolisSt.....262.3825
1526 S Nappanee St294.3112
3320 Cassopolis St.....266.8521
315 E Jackson Blvd.....294.2013
1951 E Bristol St.....266.2039

Taco Bell

1605 S Nappanee St.....295.3640
3305 S Main St.....293.3383
1706 Cassopolis St.....262.3716

Taqueria Tijuana

800 Prairie St.....294.6467

Volcano Pizza

3704 Mishawaka Rd.....875.6568
(limited sitting)

Wendy's

1720 Cassopolis St.....264.4232

Arby's

2022 Lincolnway
534.3347

Burger King

1709 Elkhart Rd.
533.6115

Backyard**BBQ & Grill**

510 W Lincoln Ave.
535.0700

Citrus

62535 C.R. 37
642.0191

Dairy Queen

822 Lincolnway E.
533.4558

**Bread & Chocolate
at the Retreat**

1131 Professional Dr.
533.9876

Electric Brew

136 S Main St.
533.5990

Brick House

16820 C.R. 38
537.1171

McDonalds

1706 Elkhart Rd.....533.1271
2001 Lincolnway E.....533.9565

Brunos

65529 S.R. 15 Suite F
535.0011

More than 30% of Hoosier children, age 10 and under, have ever used a hand smoke, in their homes. Indiana has the highest number of reported cases for 11,022 asthma cases linked to exposure to secondhand smoke.

Mediterranean Garden

(corner of SR 13 & US 20)

104 US 20
825.8075

Middlebury Restaurants

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Arby's104 US Hwy 20
825.9700**McDonalds**57900 S.R. 13
825.5062**Bamboo Garden
Chinese**424 N Main St.
825.6133**Muffins & More**204 S Main St.
825.1566**Dairy Queen**416 N Main St.
825.5222**Patch Work Quilt
Country Inn**11748 C.R. 2
825.2417**Das Dutchman
Essenhaus**240 US Hwy 20
825.9471**Subway**424 N Main St.
825.7857**Hilltop Restaurant**14330 US Hwy 20
825.2040**Village Inn**107 S Main St.
825.2043

Nicotine is a drug that many believe is as addictive as cocaine, heroin and other "hard" drugs.

Goshen Restaurants

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Panda Chinese4024 Elkhart Rd.
875.4115**Steak N Shake**4025 Elkhart Rd.
875.5372**Peddler's Village**2626 Peddler's Village Rd.
533.9723**Subway**301 W Pike St.
534.3016**Ponderosa**1919 Lincolnway E
533.3055**Taco Bell**701 W Pike St.
534.1480**San Marcos**113 S Main St.
534.4651**Taqueria Rinconcito**122 E Clinton St.
533.8461**South Side Soda
Shop**1122 S Main St.
534.3790**Trolley Café**1100 N Chicago Ave.
534.3881**Wendy's**900 W Pike St.
533.2733

aged 0-14, are exposed to second-hand smoke. spends \$8.9 million to treat children exposed to secondhand smoke.